

## RYA Competent Crew

This course offers a general, gentle introduction to sailing and teaches basic boat handling, seamanship, helming and safety skills.

Whether you are new to yachting or have a bit more experience and are looking for a certification, the RYA Competent Crew course could well be the training you need. This is a course for beginners and those who would like to become active crew members rather than just passengers.

By the end of the course you should be able to steer, handle sails, keep a lookout, row a dinghy and assist in all the day to day duties on board. Your experience will also include living and sleeping onboard and understanding everything that needs to be done to run a boat.

## Course Content

Basic Seamanship and helmsmanship, navigation and meteorology

**:: Duration**

5 Days (Monday morning to Friday afternoon) or  
5 Days split (weekend plus a 3 day long weekend)

**:: Format**

Afloat course (residential 4 nights)

**:: Assumed Knowledge**

None

**:: Minimum Age**

12 if accompanied by an adult or over 16 unaccompanied

**:: Possible Combination Courses**

RYA Essential Navigation & Seamanship, RYA VHF-SRC, RYA First Aid